

Welcome,

“An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.” - Narcotics Anonymous Basic Text, p. 95

Thank you for your letter to the Behind the Walls Sponsorship Subcommittee of Central California.

We look forward to your upcoming release and to seeing you at meetings when you get out.

Because your date is approaching too quickly for us to assign you a sponsor and to get started on the steps, we recommend the following:

While you're still in:

- Please continue to stay clean
- Get your hands on some NA literature by contacting World Services at: NA Fellowship Services, PO Box 9999, Van Nuys, CA 91409-9099
- Continue to participate in any NA meetings or H&I presentations that are available to you in your Institution

Upon release:

- Don't use no matter what
- Get to a meeting right away - You can find NA meetings online or by phone.
- Look through the meeting directory that we sent and locate a meeting close to you. Call the meeting directory helpline for questions.
- Check out the Narcotics Anonymous World Services website: NA.org

We want you to know that you are important and NA is here for you. You will be able to find a sponsor at any NA meeting upon your release.

Once you have attended outside NA meetings, ask someone that you relate to, to be your sponsor.

“We have never seen a person who lives the Narcotics Anonymous Program relapse.” Narcotics Anonymous Basic Text, p. 79

Much love and respect,

Central California Region of Narcotics Anonymous Behind the Walls Sponsorship Subcommittee

P.O. Box 1206 Ventura, CA 93002-1206